



2025

East Asian Weightlifting Championships & China-Japan-Korea International Weightlifting Tournament

July 30 to August 1, 2025
Fuzhou, China

EAWF



2025 East Asian EAWF
Weightlifting Championships



INVITATION

To the President/General Secretary of East Asian Weightlifting Federation/Association

Dear Weightlifting Family,

It is with great pleasure that we sincerely invite you to participate in the 2025 East Asian Weightlifting Championships and the 2025 China-Japan-Korea International Weightlifting Tournament, which will take place in Fuzhou city, Fujian Province, China from July 30 to August 1, 2025.

Fuzhou is a beautiful coastal city, like a shining pearl embedded in the eastern coast of Fujian Province. It boasts lucid rivers and lush mountains with a long story and rich cultural heritage, making it a treasure city worth visiting. The Fujian Majiang Weightlifting Center is situated in Xianglong Mountain, Mawei District, Fuzhou City. The center combines a serene environment, modern facilities, and convenient transportation access. We are trying our utmost to prepare and deliver a weightlifting event.

We are looking forward to your participation in this event with warmest welcome.

Best Regards,

Chinese Weightlifting Association





REGULATIONS

2025 EAST ASIAN WEIGHTLIFTING CHAMPIONSHIPS

& CHINA-JAPAN-KOREA INTERNATIONAL WEIGHTLIFTING TOURNAMENT

FUZHOU, CHINA

1. Dates & Place

30 July - 1 August 2025, Fuzhou, China

2. Competition & Training Venue

Fujian Majiang Weightlifting Center

(No.66, Denglong Road, Mawei District, Fuzhou City, Fujian Province, China)

3. Accommodation

- Fujian Majiang Weightlifting Center

(No.66, Denglong Road, Mawei District, Fuzhou City, Fujian Province, China)

- Juchunyuan · Wolong shanzhuang Hotel

(No.100 Denglong Road, Mawei District, Fuzhou City, Fujian Province, China)

4. Financial Conditions-Accommodation & Fees

- Single Room: 100 USD per person per day with three meals
- Double Room: 80 USD per person per day with three meals
- Entry Fee: 120 USD per person

All accommodation charges & fees shall be paid to the Organizing Committee by bank transfer or upon arrival of each delegation at Fujian Majiang Weightlifting Center.

A minimum of 50% of the total payment must be transferred by 30 June 2025 to the bank account of the Organizing Committee.

Immediately after bank transfer, please send us the Bank Remittance Certificate to our e-mail account.

EAWF



Below Bank Information of the Organizing Committee for your bank transfer.

- Beneficiary's name: Weightlifting Sports Management Center of Fujian Province
- Bank's name: INDUSTRIAL BANK CO.,LTD FUZHOU BRANCH
- Bank's address: Industrial Bank Tower, 398 Middle Jiangbin Blvd., Taijiang District, Fuzhou, Fujian, China
- IBAN: 118011400100020242
- SWIFT code: FJIBCNBA030

Please specify: Member Federation of payment for 2025 East Asian Weightlifting Championships Fuzhou / China-Japan-Korea International Weightlifting Tournament

5. Entries & Forms

- Preliminary Entry

Member Federation must submit the Preliminary Entry of maximum numbers of sixteen (16) men & sixteen (16) women athletes by no later than 30 June 2025.

For Verification of Final Entry, only eight (8) men and eight (8) women athletes will be accepted, with a maximum of 2 athletes per bodyweight categories.

- Final Entry

Member Federation must submit the Final Entry of maximum numbers of ten (10) men & ten (10) women athletes by no later than 15 July 2025. Only athlete(s) from the Preliminary Entry Form can be included into the Final Entry Form.

- The following forms & documents must be returned before below deadlines.

Accommodation-transportation Form	By 30 June 2025
Copies of all Passports & Photos	By 20 June 2025
Visa Application Form	By 20 June 2025

6. Visa

All participants must obtain visa to enter China at Chinese Embassy of respective countries with passports and necessary documents, except for citizens of visa exemption countries.





7. Accreditation

The Accreditation will take place at Fujian Majiang Weightlifting Center upon arrival.

8. Flag & Anthem

Each Member Federation should bring two (2) national/regional flags sized 100 X 150cm and national/regional anthems in USB drive.

9. Transportation

The Organizing Committee will provide the transportation from Fuzhou Changle International Airport to Fujian Majiang Weightlifting Center, and the participants must inform us of an accurate arrival & departure schedule by Transportation Form.

10. Competition Regulation

The 2025 East Asian Weightlifting Championships will follow the latest IWF Technical and Competition Rules & Regulations (IWF TCRR).

11. Terms and Conditions of Participation

Only Member Federations/Associations affiliated in the IWF/AFW are eligible to participate in the event. Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti- Doping Rules (ADR);
- Abide by all reasonable directions given by the IWF/AFW, LOC, TOs;
- Should accept any prize or award given by IWF/AFW and /or LOC/sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF/AFW/LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF/AFW and/or LOC shall have no responsibility in any loss or damage of the property;
- Should irrevocable release IWF/AFW & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;



- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF/AWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations/Associations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

12. Eligibility

Participating athletes must be 15 years of age and over (year of birth shall be 2010 or earlier).

13. Bodyweight Categories

Men: 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg

Women: 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg

14. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

Trophies will be awarded to the Best Lifter in the Men's and Women's events.

There will be different awards (in total only) for the 2025 International Weightlifting Tournament.

15. Technical Officials

Each Member Federation should nominate two technical officials (ideally one male and one female) from IWF licensed Technical Officials. No accommodation fee and Entry Fee is required for ITOs (up to 2 ITOs per Member Federation).

16. Barbells

IWF official / certified barbells or the products manufactured by a barbell supplier of the host nation will be used during the competition and training.



17. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident/injury insurance by their respective Federations/Associations before their departure from their nation/region.

18. Temperature & Electricity

The average temperature during the Championships will be approximately between 30 and 38 degrees on Celsius in Fuzhou, China. Electricity in China is 220 Vol-50 Hz.

19. 2025 International Weightlifting Tournament (China, Japan & Korea)

The Organizing Committee may offer 8 officials (including 2 International Technical Officials, ideally one male and one female) and 16 athletes (8 men and 8 women athletes) per Member Federation with free accommodation and meals during the official period of event.

20. Contacts

East Asian Weightlifting Federation
E-mail: eawf.info@gmail.com

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E-mail: fj_weightlifting@163.com





PRELIMINARY TIMETABLE

28 July 2025		Arrival of Delegation
29 July 2025	10:00	EAWF Joint Committee Meeting
	10:30	EAWF Executive Board Meeting
	11:00	EAWF Congress
	13:00	Verification of Final Entry Meeting
30 July 2025	10:00	Women 48kg, 53kg
	13:00	Men 60kg, 65kg
	16:00	Opening Ceremony
	17:00	Men 71kg, 79kg
31 July 2025	13:00	Men 88kg, 94kg
	16:00	Women 58kg, 63kg
	19:00	Women 69kg, 77kg
1 August 2025	10:00	Women 86kg, +86kg
	13:00	Men 110kg, +110kg
	18:00	Closing Banquet
2 August 2025		Departure of Delegation

NOTE:

The competition schedule is subject to change after the Final Entry deadline & after the Verification of Final Entries.

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